

Shelby YMCA Duathlon - August 14 2021

Duathlon Male Overall

Place	Bib #	Name	Time	Type	City	
1	128	MAT KUHN	01:11:52.10	Du Solo		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:07:26.615	8.1mph	07:26	00:07:26.615
		T1	00:00:44.720	0.0mph		00:08:11.335
		Bike	00:34:59.815	20.6mph	02:54	00:43:11.150
		T2	00:01:16.596	0.0mph		00:44:27.746
		Run 2	00:27:24.361	7.4mph	08:03	01:11:52.107

Duathlon Team Overall

Place	Bib #	Name	Time	Type	City	
1	120	CHRIS SPRANG, SHANNON & HICKS	01:29:57.96	Du Team	OH	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:09:03.614	6.6mph	09:03	00:09:03.614
		T1	00:00:52.040	0.0mph		00:09:55.654
		Bike	00:46:16.333	15.6mph	03:51	00:56:11.987
		T2	00:00:52.348	0.0mph		00:57:04.335
		Run 2	00:32:53.630	6.2mph	09:40	01:29:57.965