Shelby YMCA Duathlon - August 18 2023

Duathlon Male Overall						
Place	Bib #	Name		Time	Туре	City
1	137	CURT BACHUS		01:16:23.53	Du Solo	Akron
	<u>Sp</u>	lit Description	Split Times	Speed	Pace	Cumulative
		Run 1	00:06:57.328	8.6mph	06:57	00:06:57.328
		T1	00:00:43.759	0.0mph		00:07:41.087
		Bike	00:38:47.904	18.6mph	03:13	00:46:28.991
		T2	00:01:02.430	0.0mph		00:47:31.421
		Run 2	00:28:52.113	7.1mph	08:29	01:16:23.534
2	140	TERRANCE	WAGNER	01:24:53.01	Du Solo	NewarkNewark
	Sp	Split Description Split Times		Speed	Pace	Cumulative
		Run 1	00:08:39.193	6.9mph	08:39	00:08:39.193
		T1	00:02:15.287	0.0mph		00:10:54.480
		Bike	00:42:47.723	16.8mph	03:33	00:53:42.203
		T2	00:00:41.282	0.0mph		00:54:23.485
		Run 2	00:30:29.530	6.7mph	08:58	01:24:53.015
3	142	BRUCE BRANT		02:07:30.69	Du	
					Solo	
	Split Description Split Times			<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Run 1	00:13:11.901	4.5mph	13:12	00:13:11.901
		T1	00:01:23.084	0.0mph		00:14:34.985
		Bike	01:02:25.185	11.5mph	05:12	01:17:00.170
		T2	00:01:34.102	0.0mph		01:18:34.272
		Run 2	00:48:56.423	4.2mph	14:23	02:07:30.695