

# Veterans Appreciation 5K Run/Walk & 10K Run Saturday, July 27<sup>th</sup>, 2019 @ 8:00 am



**Race Location:** Mapleton High School, 635 Co. Rd. 801 Ashland OH 44805

**Course Description:** The 5k course is both road and off-road (road/field/woods) with minimal elevation change and a beautiful setting. The 10k course is a rolling, countryside road loop (with some possible loose gravel).

**Awards (per race):** Top three overall males and females. Top three overall Athena (female 160+ lbs) and Clydesdale (male 215+ lbs).  
Top 2 in each age group; 10 & under / 11-14 / 15-19 / 20-29 / 30-39 / 40-49 / 50-59 / 60 & over

**Proceeds:** Benefit various Ashland County Veterans Services

**Entry Cost:** \$20 by June 3rd. \$25 June 4th through July 25th. \$30 on race day. \*\*\***Military members past and present will only be charged \$15.** Military members will pay the normal asking price during on-line registration. On race day the military member only needs to show some type of military identification to receive the difference back. Shirts are guaranteed with registration until July 12th. Extra shirts will be purchased for race day registrants. First come first serve basis. Shirt not guaranteed in your size on race day.

**Online Registration:** Credit card payment option at [www.ohioraceday.com](http://www.ohioraceday.com) Timing & results by Ohio Race Day.

**Make Checks to:** American Veterans Events. And mail to: 794 CR 620, Ashland, OH 44805

**Contact:** Beau Weidinger at [suzuki\\_z\\_03@yahoo.com](mailto:suzuki_z_03@yahoo.com)

## PLEASE PRINT LEGIBLY

**First Name** \_\_\_\_\_ **Last Name** \_\_\_\_\_

**Gender** (circle one) M F      **Age** (on race day) \_\_\_\_\_ **E-mail** \_\_\_\_\_

**Address** \_\_\_\_\_ **City, State, Zip** \_\_\_\_\_

**Race** 5K 10K      **Shirt Size** (circle one) S M L XL XXL      **Athena or Clydesdale?** Yes No      **Veteran?** Yes No  
(\$2 extra)

## WAIVER MUST BE SIGNED

In consideration of your accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release and any all rights and claims for damages I may have against the race, and sponsors and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a footrace, that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.

**Participant Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Parent or Guardian Signature** (if under 18 years old) \_\_\_\_\_