

# ASHLAND YMCA FRITTER 5K & KID'S 1 MILE FUN RUN October 23, 2021



**Fun Run check in at 8:30am– Race starts at 9:00am**  
**5k check in at 9:00am– Race starts at 10:00am**

**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

- Both events will begin and end in Myers Field behind the YMCA building.
- Registration, awards ceremony and refreshments will be held at the YMCA in the banquet room.
- Parents are encouraged to participate in the Fun Run and do not need to register.
- The Fun Run will not be timed but all Fun Runners will receive a participation award for their accomplishment.
- Registration fees include a t-shirt, a Hawkins doughnut and apple cider for both events.
- Awards will be given to the overall top 3 male and female finishers and top male and female winners in each age group for the 5k.
- Age groups consist of 19 & younger, 20-29, 30-39, 40-49, 50-59, and 60+.
- Chip timing will be provided for the 5k.

**REGISTRATION:**

Go online to <http://ohioraceday.com/races/>

Or return this form below with the fee to:

Ashland Family YMCA

Attn: Alex Byers

207 Miller Street

Ashland, Ohio 44805

**REGISTER BEFORE OCTOBER 10  
TO BE GUARANTEED A T-SHIRT**

Before Sept 30th	5K: \$25	Fun Run: \$10
After October 1st	5K: \$30	Fun Run: \$15
Race Day	5K: \$35	Fun Run: \$20

Waiver and Release: By participation in this event, I do so at my own risk. I assume all risk of injury, illness, damage or loss to me or my property that might result, including without limitation, any loss or theft of personal property. I consent to medical treatment in the event of injury, accident and/or illness during the event. I agree on behalf of myself (and my personal representatives, heirs, executors, administrators, agents and assigns) to release and discharge the organizers of this event, its principals, its officers and directors, or its employees from any and all claims or causes of action (known or unknown) arising out of their negligence. I acknowledge that I have carefully read this waiver and release and fully understand that it is a release of liability. By my signature below, I am waiving any right that I may have to bring legal action to assert a claim against any and all event sponsors for their negligence. I hereby grant full permission to any and all of the foregoing to use my name and likeness in any broadcast, telecast, video, social media or print media reporting or advertising of the event without compensation.

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_ Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_

Race: 5k Fun Run Gender: M F T-Shirt Size: YS YM YL S M L XL XXL

Email: \_\_\_\_\_ Telephone: (\_\_\_\_) \_\_\_\_\_

Age on Race Day: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parents Signature (if under 18): \_\_\_\_\_ Date: \_\_\_\_\_

**Make Checks payable to: Ashland Family YMCA**