



LIFEWISE PLYMOUTH-SHILOH 5K REGISTRATION FORM

Details

- ◆ Race starts and finishes at Lifepoint Church, 260 Riggs St., Plymouth, OH 44865
- ◆ Race Starts at 9:00 am
- ◆ On-site registration begins at 8:00 am
- ◆ Awards to be given post-race to 1st place male and female competitors in each age group
- ◆ Chip timing to be provided
- ◆ \$25 registrant's fee will include t-shirt and picnic lunch

REGISTER BY APRIL 12, 2024 TO BE GUARANTEED A T-SHIRT!

Participant Information

This race will be split into age groups: <18 years, 19 – 25, 26–49, 50+

Registration Form

Go online to <https://runsignup.com/Race/OH/Plymouth/LifewisePlymouthShiloh5K> or detach the form below and return it with the fee to: **Attn: Lynn Baker, 215 Lincoln Ct., Plymouth, OH 44865.**

First Name: _____ Last Name: _____

Address: _____ City: _____

State: _____ Zip: _____ Phone: _____

Email: _____

Date of Birth: _____ M/F: _____ Age (day of race): _____

5K Run: _____ 5K Walk: _____ "Bench-warmer": _____

T-shirt size: **Adult** XS: _____ S: _____ M: _____ L: _____ 2XL: _____ 3XL: _____

Youth S: _____ M: _____ L: _____

- I grant permission to this race and the organization conducting the race and/or agents authorized by them to use any photographs, video recordings or any other record of this race for any purpose.

See back for race waiver which must be signed in order to participate.

WAIVER & RELEASE: By participating in this event, I do so at my own risk. I assume all risks of injury, illness, damage or loss to me or my property that might result, including without limitation, of any loss or theft of personal property. I consent to medical treatment in every event of injury, accident and/or illness during this event. I agree on behalf of myself (and my personal representatives, heirs, executors, administrators, agents and assigns) to release and discharge the organizers of this event, its principals, its officers & directors, its employees from any and all claims or causes of action (known or unknown) arising out of their negligence. I acknowledge that I have carefully read this WAIVER & RELEASE and fully understand that it is a release of liability. By my signature below, I am waiving any right that I may have to bring legal action to assert a claim against any and all event sponsors for their negligence. I hereby grant full permission to any and all of the foregoing to use my name and likeness in any broadcast, telecast, video, social media or print media reporting or advertising of the event without compensation.

Signature/Legal Guardian Signature (if under 18):
