



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

A RUN TO REMEMBER

In honor of America's heroes, the YMCA of North Central Ohio-Shelby Branch invites you to join us in our annual Run to Remember 5k race during Memorial Day weekend.

Our goal at the YMCA is to strengthen our community. When you participate in A Run to Remember, we hope you find a sense of togetherness, a way to remember our current, retired, and fallen veterans, and ultimately, a healthier YOU!

If you are able, please consider partnering with us in our mission by contributing a meaningful donation along with your race fee to the Shelby YMCA.

MAY 25 AT 8:30AM



Cost: 5K (run/walk) - \$45
Location: Starts at Shelby YMCA
Registration: April 1st-May 4th
(to guarantee a t-shirt)
Last day to register May 23
Timing: Register at
OhioRaceday.com to receive
timing information

For more information contact: Michele Irey at
shelbyprograms@ymcanco.org or 419-347-1312 ext. 501

Sponsored by:



YMCA OF NORTH CENTRAL OHIO
SHELBY BRANCH
111 W. SMILEY AVE SHELBY 419-347-1312
www.ymcanco.org



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TOGETHER WE RUN TO REMEMBER

Location: Start at Shelby YMCA Date: May 25th Time: 5K at 8:30am Registration: April 1st–May 23rd

The Run to Remember is a special event on Memorial Day weekend to honor our country's fallen heroes or any special person you would like to honor by participating. Join the YMCA of North Central Ohio Shelby Branch in this fun event to remember those who have fought for our freedom. The YMCA of NCO will offer a 5K for a fun filled event to enjoy with your entire family!

5K Run/Walk - \$45

- Awards will be given to the top 3 overall male and female runners and the top 3 age group finishers. (Age groups are: 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, & 70 and up)
- Every participant will receive a shirt - ONLY registrations by May 4 will be guaranteed to receive a shirt on race day.
- Register online at: ohioraceday.com OR register at the Shelby YMCA - 111 W. Smiley Avenue Shelby, OH 44875
- For any questions, please contact Michele Irety at 419-347-1312 Ext. 501 or email shelbyprograms@ymcanco.org

Run to Remember 2024

First Name: _____ Last Name: _____

Race Day Age: _____ Phone Number: _____ Email: _____

Address: _____

Gender: _____ Shirt Size (circle): Adult: S M L XL XXL XXXL Youth: S M L XL

I know that running or walking a road race is a potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the race. I assume all risks associated with running in this event including but not limited to: falls, contact with other participants, the effects of the weather, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself, and anyone entitled to act on my behalf, waive and release the Shelby YMCA and all persons, sponsors and entities from all claims and liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. Parents or Legal guardian must sign release if participants are under the age of 18 years old on the date of the race. Entry fees are non-refundable. Photography Permission: I give my permission for the YMCA of NCO Shelby Branch to use, without limitation or obligation, photographs, film footage, or tape recordings, which may include my image or voice for purposes of promoting or interpret- ing YMCA of NCO Shelby Branch programs.

Signature of Participant or legal guardian if under 18: _____ Date: _____