

# LIFEWISE ACADEMY



## LIFEWISE PLYMOUTH-SHILOH 5K REGISTRATION FORM

### Details

- ◆ Race starts and finishes at Lifepoint Church, 260 Riggs St., Plymouth, OH 44865
- ◆ On-site registration begins at 8:00 a.m.
- ◆ Awards to be given post-race to 1st place male and female competitors in each age group
- ◆ Chip timing to be provided
- ◆ \$30 registrant's fee will include t-shirt and picnic lunch
- ◆ \$20 student registrant fee will include t-shirt and picnic lunch

**Register by April 16, 2025 to be guaranteed a t-shirt!**

### Participant Information

Race will be split into age groups by male and female: 0 -9, 10 - 19, 20 - 29, 30 - 39, 40 - 49, 50 - 59, 60 - 69, 70+

### Registration Form

For more details or to register online, visit [lifewise.org/plymouth-shilohoh](http://lifewise.org/plymouth-shilohoh) or detach the form below and return it with the fee to: Attn: Kristy Bradford, 4546 St. Rt. 545, Ashland, OH 44805.

\*Checks payable to "Viking Character Academy"

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ M/F: \_\_\_\_\_ Age (day of race): \_\_\_\_\_

5K Run: \_\_\_\_\_ 5K Walk: \_\_\_\_\_ "Bench-warmer": \_\_\_\_\_

T-shirt size (mark one): **Adult or Youth** XS: \_\_\_ S: \_\_\_ M: \_\_\_ L: \_\_\_ 2XL: \_\_\_ 3XL: \_\_\_

I grant permission to this race and the organization conducting the race and/or agents authorized by them to use any photographs, video recordings or any other record of this race for any purpose.

Signature/Legal Guardian Signature (if under 18):

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*See back for race waiver which must be signed in order to participate.*

**Race Waiver:** I, individually (and/or as parent/guardian of the named minor), for and in consideration of acceptance of this entry in the aforementioned event, do hereby release, remise, waive and forever discharge LifeWise Academy and any and all other supporting groups of this said racing event, together with all their offices, agents, officials and employees, from any and all liability, claims, demands, actions or causes of action whatsoever arising out of, or relating to any injury, illness, loss or damage, including death, relating to participation in the aforesaid event. I further state I am in proper physical condition to participate in this event.

In addition, I agree that my participation in this event requires that I will not participate with roller blades, skateboards, motorized vehicles or anything which the race director deems dangerous to myself or other participants, and that the race director may remove me from this event for a violation of said policy. I also agree that all entry fees are non-refundable, and that this entry is non-transferrable.